



Melissa Moon

MELISSA MOON

CURRICULUM VITAE

EXPERIENCE

TV

2010 - 2011 Fitness Segment Presenter on Good Morning Show
1995 - 2011 TV1 and TV3 Sports Related News Interviews

LIVE

Motivational Guest Speaker at Sport and Business Corporate Events

AWARDS & ACHIEVEMENTS

Two Time World Mountain Running Champion
21 New Zealand Athletic Titles
7 Time National Cross Country Champion
10 Time North Island Cross Country Champion
NZ Sports Woman of the Year
NZ University Sports Person of the Year
Athletics NZ Athlete of the Year
The Outstanding Young Person of the World Award

TRAINING

Masters in Business Studies (sports endorsed)
Diploma in Teaching (Physical Education & Health and Special Education)
Diploma in Sports Studies

SKILLS

Melissa Moon is a New Zealand runner, presenter and humanitarian who has had a magnificent and varied 20-year athletics career. Melissa is a two-time world mountain running champion, she has also won around 21 national athletics titles over her career. Melissa is also renowned for her stair running, she is the world stair running champion and a two-time Empire State Building Champion which she won in her best time of 12 minutes and 39 seconds for 86 floors. This is the woman who has done the Ironman New Zealand five times. That's 3.8km swim, 180km cycle and 42km run. Five years in row.

Melissa also dedicates a lot of her time to helping the less fortunate she has previously worked in the Wellington soup kitchen for 10 years and she has also been to Hanoi in Vietnam to massage disabled street-kids, while she was there she also participated in the Hanoi vertical run which she placed second in. In 2007, she was the New Zealand representative in the Blue Planet round-the-world race that spotlighted the drinking water problems the world faces. Overall Melissa is a well-rounded down to earth woman who has a love for endurance and testing mental and physical stamina.

DOB 16/09/1969
HEIGHT 160
SHOE 7

SIZE 8
WAIST 64

CHEST 85
HIPS 89



THE HUMAN AGENCY
47 Third Avenue, Kingsland
T. 09 378 6248
www.thehumanagency.co.nz
(email protected)